



ADVANCED

HEALTH + SPORTS CLINIC

[Advanced Health & Sports Clinic](#)

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Jake Lussier

PHYSIOTHERAPIST

MPT, IMS, CCM

Jake is a fully certified Physiotherapist who obtained a Master's of Science Degree from McGill University in 2015 . Upon graduation Jake pursued additional credentialling in the field of Concussion-Management and has been working with Concussion's in sport ever since. These programs played an integral role in accelerating Jake's knowledge, clinical skills, and provided a strong foundation for his clinical practice.

Jake was born in Nanaimo in 1986 and has spent most of his life growing up in Nanoose Bay and Nanaimo. As a youth Jake was heavily involved athletics including; Lacrosse, Rugby, Football, track and field, boxing, wrestling, and primarily hockey. Jake graduated from Dover Bay Secondary in 2004 and then worked full time for 3 years in the construction industry operating heavy machinery and managing gravel pits. Jake's educational/professional background has covered the full spectrum ranging high performance athletes to the geriatric setting and everything else in between.

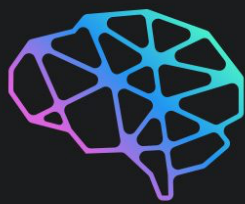
Jake utilizes a diverse skill-set in the treatment of neuro-musculoskeletal conditions with a strong focus on evidence-based practice in the clinical science of Physiotherapy with his caseloads in both Nanaimo & Parksville, BC.



Concussion Management in Hockey 101

(Lecture duration: approx. 45 minutes)

- Introduction/my background
- What *Actually Happens* in a Concussion?
- Identifying + diagnosing a concussion + referring out
- Recovery from Concussion + Rehab Options
- Question period



COMPLETE
CONCUSSIONS